



Friday Flyer 2022

Dear Walter Families,

We have a lot of illness in school at the moment; today 10 members of our staff team are absent but fortunately everyone is rallying round and ensuring that our children are safe and happy. There is some very exciting Christmas Crafting happening in every classroom!



If your child is poorly; please do not send them to school. They are all extremely tired and vulnerable to viral and bacterial infections and illnesses.

Currently we have cases of Strep A, Scarlet Fever, Impetigo, Hand, Foot and Mouth, sickness and diarrhoea, tonsillitis, Norovirus and high fevers! We are having to send poorly children home much more often than usual.

If your child has sickness or diarrhoea, please do not send them to school for at least 48 hours after the final bout of illness (not from when it started).

[Diarrhoea and vomiting - NHS \(www.nhs.uk\)](https://www.nhs.uk)

Diarrhoea and vomiting

Diarrhoea and vomiting are common in adults, children and babies. They're often caused by a stomach bug and should stop in a few days.

The advice is the same if you have diarrhoea and vomiting together or separately.

How to treat diarrhoea and vomiting yourself

You can usually treat yourself or your child at home. The most important thing is to have lots of fluids to avoid dehydration.

Do

- ✓ stay at home and get plenty of rest
- ✓ drink lots of fluids, such as water or squash – take small sips if you feel sick
- ✓ carry on breast or bottle feeding your baby – if they're being sick, try giving small feeds more often than usual
- ✓ give babies on formula or solid foods small sips of water between feeds
- ✓ eat when you feel able to – you do not need to eat or avoid any specific foods
- ✓ take [paracetamol](#) if you're in discomfort – check the leaflet before giving it to your child

Don't

- ✗ do not have fruit juice or fizzy drinks – they can make diarrhoea worse
- ✗ do not make baby formula weaker – use it at its usual strength
- ✗ do not give children under 12 medicine to stop diarrhoea
- ✗ do not give aspirin to children under 16

How long diarrhoea and vomiting last

In adults and children:

- diarrhoea usually stops within 5 to 7 days
- vomiting usually stops in 1 or 2 days

Diarrhoea and vomiting can spread easily

Important

Stay off school or work until you've not been sick or had diarrhoea for at least 2 days.

If you also have a high temperature or do not feel well enough to do your normal activities, try to stay at home and avoid contact with other people until you feel better.

If you are worried about Strep A and complications, it is very important to speak to your doctor, as it is a bacterial infection and requires anti-biotics.

Foundation Stage Christmas Concert

The Foundation Stage Concert was so wonderful; there wasn't a dry eye in the house, including myself! The children sang and danced so well; they had learned so many words and actions and the songs were so delightful. I was so proud of all the children and my incredible Foundation Stage Staff Team who have provided so many relevant and exciting activities.





Christmas Party Fun!

The children had a wonderful time at their Christmas parties and so did all the staff!



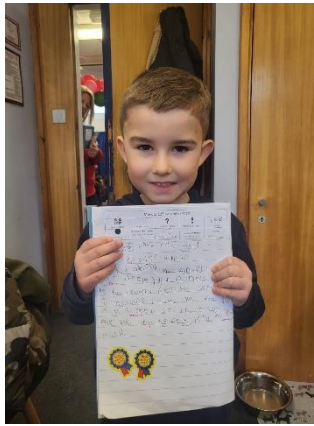
Presents at the Parties

One of wonderful families donated £750 for the children's Class Christmas Presents; the teachers chose the most wonderful toys for the children to play with whilst at school. They are really lovely and we cannot thank the family enough for their amazing generosity.



More Brilliant Year 1 Writing

Elliot has made so much progress this term and this week he showed me his amazing writing about Buddy the Elf. He has used his own spellings (using his phonics) and capital letters, finger spaces and full stops! Well done Elliot!



I-Rock Concert

It was wonderful to have our first I-Rock Concert this school year and with all our new bands. They were absolutely amazing. Unfortunately I had to join a meeting during the concert BUT I was able to listen to all the rehearsals. They really were a talented team and excellent performers in front of a very large audience!

This is the amazing Line Up!

1. The Dancing Strawberries
2. The Dazzling Rainbows
3. The Harmony Super Stars
4. The Bunny Hop
5. The Colourful Cockatoos







It was FANTASTIC!

Dates for your Diary

- Monday 19th December @ 2:30 pm ~ Year 2 Christmas Singing Extravaganza, all year 2 parents welcome
- Tuesday 20th December ~ Last Day of Term! (Finishing 1 hour early).
- Thursday 5th January 2023 ~ First Day back to School.

Star of the Week

This week our assemblies have been about Empathy for Others at Christmas; our children were able to talk about the meaning of empathy and suggest ways in which they could help other people who were not feeling happy at Christmas. I felt so proud; I also feel so proud of these shining Stars of the Week.





Please contact me if you need to on head@walter.wokingham.sch.uk if you have any questions or concerns.

Season's Greetings

Judy Wheeler: Headteacher