

### **Multiples of 10 Counting Pattern**

The children need to learn the following counting pattern.  
They can use fingers to help with this. They need to know  
them forwards and backwards.

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**0 10 20 30 40 50 60 70 80 90 100**

**Backwards**

**100 90 80 70 60 50 40 30 20 10 0**

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